

Each week we will have a 'personal best challenge' for children to complete in class, on the playground or at home.

Personal Challenge  
Week 3

How many hops can you do on one leg in 30 seconds?



Alder class were able to do 59 hops in 1 minute.

Can you beat this score at home?

## Dance at Oakwood

On Wednesday 3<sup>rd</sup> October a group of talented dancers joined Miss Larcombe for the Dance festival at The Creative Arts School in Plymouth. The children were not only asked to create a routine to perform in front of other Plymouth Schools, but also to a special guest, none other than Dame Darcey Bussell! They were all considerably nervous, especially as they were asked to be the first school to perform, but they put their best foot forward and danced beautifully remembering all of the steps.

Well done guys... KEEP DANCING!



If you have enjoyed any of our clubs or taster sessions please don't hesitate to get in contact with our local organisations to continue the fun!

## Dates for your diary

Event	Date	Person of contact
Primary Bronze Ambassadors Award	10/10/18	Miss McDonald
Primary Inclusive Boccia	15/10/18	Mr Ticehurst
Primary Cross Country	18/10/18	Miss McDonald

