If there is anything that we can help with please contact the Beechwood office on:

beechwood.office@discoverymat.co.uk 01752 706360



Welcome Back

We hope you all had a lovely have term break.

We have been really impressed with everybody's kindness since the beginning of lockdown. There are a few examples of this on the page of pride.

Next weeks challenge: Can you share any photographs of science experiments or activities you have completed at home?

c.wilkinson@discoverymat.co.uk

- j.oliver@discoverymat.co.uk
- r.dent@discoverymat.co.uk

We are really pleased to see so many children and parents out on their bikes in parks so with this in mind we'd like to share a four week programme of activities that will help with mental and physical health. Parents just need to sign up to have the four week activity pack with active travel learning, videos, games, art and weekly challenges on line.

https://www.sustrans.org.uk/campaigns/outside-in/

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FOR SCHOOLS

Teachers can be

contacted by the

Eschools website

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NSPCC

Worried

about a child?

0808 800 5000

help@nspcc.org.uk

Adverse Childhood Experiences can have a negative affect on adults however there are things that can be put in place to protect children.

The below training has been taken by many members of our staff and

we feel it may be something that is of interest to our parents.



DON'T FORGET TO WASH YOUR HANDS



NHS







d delete apps that constantly update about the cri once in the morning and once in the evening - this

Spending time outdoors is good for our health. Take y time in your garden if you have one. a routine, eat healthily, sleep well and keep ormnang ere are still plenty of activities you can do at home, in moding, cooking and baking - or try teaching yourse ies to play. Play releases hormones and che







Weston Mill

Key stage 1:

Sienna, Georgia-Mae Lilly

Key stage 2: Lucy, Barna

Summer, Lilly-May Zuzanna, Casey, Kendall



Key stage 1: Adien, Esmae, Billy

Logan

Beechwood

Key stage 2:

Vicky-may, Emily Samantha, James

Discovery Newsletter week beginning:1.6.20

Louis, Bryony, Tobias, Daisy

Oakwood

Key stage 1

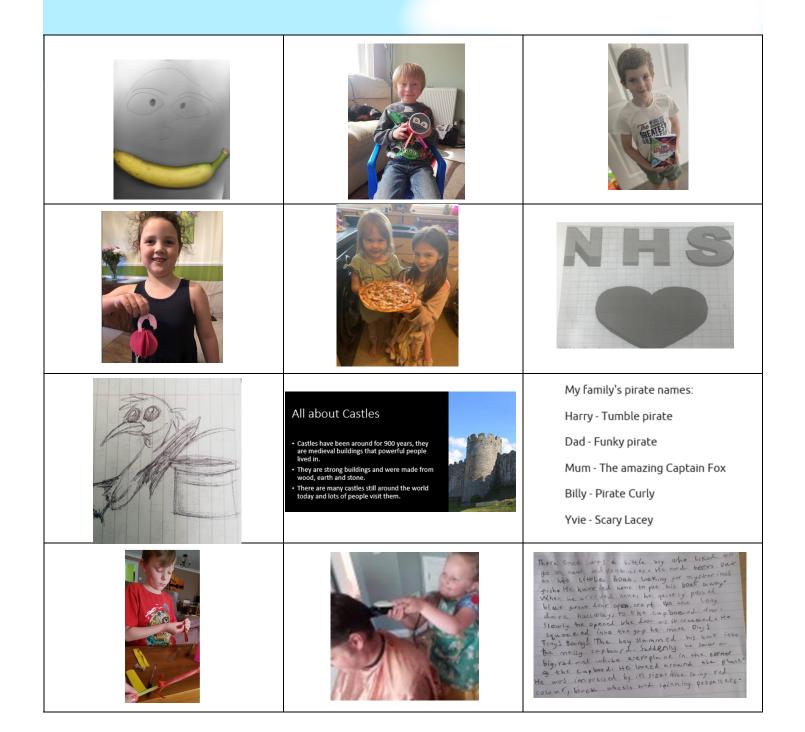
Key stage 2

Mason, Maya,

Millicent, Daniel

BIRTHDAYS

Page of Pride!



The Virus

A virus started in the world and took away the fun It turned everyone's day into rain clouds and covered up the sun The world started to shut down they even closed our schools Cinemas, theatres, pubs and clubs and all the swimming pools Everything was closing down, we were told to stay indoors Children started getting bored, anxious parents paced the floors

This virus was getting serious what are we going to do? Everyone's getting poorly with the symptoms of the flu Cherished family members dying being taken before their time The virus took hold fast it was really in its prime.

There was only one solution, we all had to stay inside So that the virus couldn't spread it was time for it to die So the people started listening they stayed inside their homes With no people to carry it around - the virus couldn't roam Family members became lonely as we isolated from the old But at long last we were finally doing as we were told Ok we were locked inside and starting to go mad And missing our friends and family and feeling very sad

We all went into isolation - the moment we were dreading But this is what the virus needed just to stop it spreading

And soon it would give up the fight and let the people win So life can go back to normality and all go back to living Family and friends can start reuniting, so no longer are they sad And this time of isolation and reflection make us appreciate all we had

The moral of the story is please do as you are told Stay inside your homes so we can protect our families, the vulnerable and the old

Let's bring back the sunshine let it spread all over our lands And not the nasty virus as we keep washing our hands!

BY MARLEY'S MUM