



Oakwood Academy Newsletter

"Living, learning and thriving"

School Telephone Number (01752) 775478

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www.discoverymat.co.uk

www.oakwood-primary-academy.eschools.co.uk

Facebook - <https://www.facebook.com/Discovery-Multi-Academy-Trust-178244126147131/>



5th February 2021

Get the Reading Bug!

We are delighted to see how children are continuing to work hard on their reading at school and at home. We are thrilled to see all the home learning and enjoy getting the chance to see some of the children during our live sessions. If you haven't joined one yet, it's not too late to take part, your teachers would be really pleased to see you next week! These sessions not only support your child's learning but give them the opportunity to see other children in their year group bubble.

Reading daily with your child at home and getting access to a range of books might be tricky at the moment. Luckily there are many websites which provide a wide selection of free e-books for all reading ages and also support the Read Write Inc programme we teach in school.

You will have to make an account for your child but it is completely free of charge. There are also videos which can assist you with how to support your child's reading at home. If you need further assistance with this please do not hesitate to contact your child's teacher, or Miss Crocker; they will be happy to provide further guidance. Please follow the link below:

<https://www.oxfordowl.co.uk/>



Oxford Owl for Home

Free resources to support learning at home

- Advice and support for parents
- Educational activities and games
- Free eBook library for 3- to 11-year-olds

Enter site

For less confident readers and those starting their reading journey, there are daily live sessions of phonics from 9.00 am in Year 1 and recorded sessions which can be found on:

https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIq9GdxtQ

Guidance of how support your child with reading comprehensions can be found here:

<https://www.youtube.com/watch?v=xm7eZctoGag&feature=youtu.be>



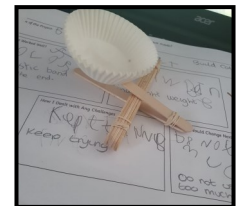
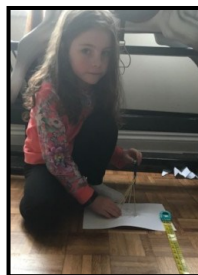
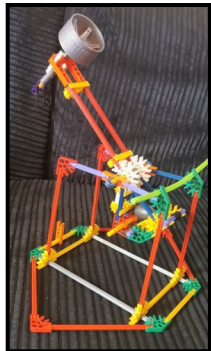
February Half-Term Monday 15th - Friday 19th February 2021

The Department for Education has confirmed that schools will close to **ALL** children as usual over February Half-Term and are not expected to remain open to vulnerable children and the children of critical workers during that week. There will not be any live sessions or eSchools learning set for that week.

Please note that **Monday 22nd February** will now be a normal school day for children of critical workers or vulnerable children attending school and that live sessions and home learning will resume for all children at home.

Celebration Shout Out!

We would like to continue to celebrate achievements from all our children whether they are attending school or learning from home. Please email the school with your child's special moments. We would love to share them with everyone through our newsletter!



Year 2 Amazing work on catapults from Zack, Hollie, Cara, Kaitlyn, Oliver, Skyler and Bryony!

Shout Out Awards

These awards go to children who have demonstrated that they are Ready, Respectful and Safe Superstars either in school or at home. Well done for being such brilliant role models this week!

Reception Bubble - Shay and Ivy

Year 1 Bubble - Lola and Luca

Year 2 Bubble - Ethan and Zelda

Year 3 Bubble - Jorgie and Hugo

Year 4 Bubble - Jacob and Leo

Year 5 Bubble - Miles and Lily P

Year 6 Bubble - Jason and Katie

Times Table Rock Stars Update

Round 2 of Battle of the Bands is over. The winners for this week are: Goldcrest, Kestral and Skylark! **Congratulations** to those classes!

If your class didn't win, fear not, round 3 is beginning on Monday. The fixtures for this week are:

Osprey v Jay
Kestral v Goldcrest
Starling v Skylark v Peregrine

Good luck everyone!

Mr S Ticehurst
Maths Lead



PSSP PERSONAL CHALLENGE

1st— 5th February 2021



PENALTY SHOOT-OUT

How many penalties can you score in 1 minute?

Finding this too easy?
Try with your weaker foot
Finding this too hard?
Try without a goalkeeper



SCHOOLS CHALLENGE 2021

All children in Plymouth can take part in this 13-mile running challenge which can be completed over 13 weeks. Children will be able to take part in the activity in their school setting or at home, logging hours on their 'Schools Challenge Log'.

Parents & Carers will be able to sign-up their children to the Schools Challenge and pay the entry fee online!

The entry fee for the 2021 DELT Shared Services Schools Challenge will be £8 per child, for which they will receive a quality medal and water bottle.



REGISTER ONLINE
WWW.RUNPLYMOUTH.CO.UK



Covid Reminders

It is essential that if you are a key worker, and you are sending your child to school, that you DO NOT send them when you are at home. We have been asked to limit the numbers of children in school, and this will support us in being able to maintain this.

No child should come to school if they, **or anyone they live with**, has symptoms of Covid-19. These are:

- A new persistent cough
- A high temperature
- A change in their normal sense of taste or smell.

Covid-19 - Reminder for parents of children attending school

Please ensure that you contact the school **immediately** to inform us if your child or a member of your household becomes unwell and requires a Covid-19 test, or if you are advised to self-isolate or have outcome of tests. Please leave a message on the school answerphone if this is before or after school hours. Thank you for your continued support in this matter.

Reporting absence for children attending school

Please contact the school by 9:15am to let us know if your child does not require a place in school on a day that was expected. This ongoing communication will enable us to ensure that we continue to keep children safe and follow all necessary government guidelines. We appreciate your continued assistance.

Social Distancing Reminders

- Please remember only one adult when dropping off or picking up your child, which helps to reduce the number of adults on the premises.
- Wear a face covering when on the school grounds—unless you are medically exempt.
- Please make sure you keep a social distance from all other adults on the school grounds when dropping off or waiting for your child.
- Please ensure that younger children remain with you at all times.

Thank you very much for your understanding and continued support in helping to keep our school community safe.

Department for Education - HELPLINE FOR EDUCATION

The DfE have set up a helpline for education advice regarding the Covid-19 virus for staff and parents.

Phone : 0800 046 8687


Email : DfE.coronavirushelpline@education.gov.uk

Opening hours : 8am to 6pm (Monday to Friday)

CATCH IT
Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.

BIN IT
Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.

KILL IT
Hands can transfer germs to every surface you touch. Clean your hands as soon as possible.



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of smell or taste

This could be a sign of coronavirus

Book a test

If your child has:
a runny nose, is sneezing or feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of smell or taste

These are not normally symptoms of coronavirus

Seek advice from a pharmacy, dial 111 or see your GP

Mental Health

This website has resources for parents and children to support with mental health particularly regarding Coronavirus which you may find useful.

<https://mentallyhealthyschools.org.uk/risks-and-protective-factors/coronavirus-supporting-childrens-mental-health/>

Self-Care & Mental Health for Kids

Share your own feelings to encourage self-awareness.

Find social groups that help them feel like they belong.

Set aside time for low-stress or solo activities.

Practice self-care for yourself to set the standard.

Focus on articulating feelings.
"I am angry."
"I am sad."

Encourage journaling and diaries.

Establish a self-care routine.

Encourage your child to focus on the moment.

Recognize toxic stress events.

Cultivate interests and hobbies.

Blessing Manifesting

8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

- 1 Know how to spot the signs**
If you notice your child is becoming withdrawn, that there's been a change in sleeping or eating habits, if they seem to lack confidence or get upset, it might be a sign they're struggling.
- 2 Talk to your child**
If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can - hugging, listening to them, texting them.
- 3 Create structure and routine**
Try introducing a rota or loose timetable that includes fun things you're doing during the week. This can help to create a feeling of stability, which can alleviate anxiety.
- 4 Give children a sense of control through information**
Look online with your children to find useful information and resources that help children feel they have control.

8 WAYS TO HELP CHILDREN STRUGGLING DURING LOCKDOWN

- 5 Keep children learning**
Using fun and creative ways at home to learn alongside continued access to educational opportunities will support your children's development.
- 6 Limit screen time and mix up activities**
As most socialising moves online, it's important to have conversations on how an increase in screen time can have an impact on everyone's mental health and self-esteem.
- 7 Help your child manage stress**
If you spot signs your child might be struggling, it's important to talk to them. Keep talking and trying to communicate in any way you can - hugging, listening to them, texting them, etc.
- 8 Expressing feelings doesn't have to be face-to-face**
Children might find it easier writing their thoughts down, so the whole family could do this and put them in a 'feelings box' and then talk about their good, sad or difficult feelings at the end of the day.

Home Learning

Information is available on our website giving help and instructions if required. This information can be found in the **Learning** tab under **Home Learning Information**.

If you require any further information about logging onto eSchools or Microsoft Teams, or any information about your child's learning while they are away from school, please contact your teacher via eSchools in the first instance or the office at oakwood.office@discoverymat.co.uk

Diary Dates

(Dates maybe subject to change)



2020/2021 TERM DATES

Mon 15th Feb - Fri 19th Feb 2021

Mon 22nd Feb

Fri 2nd Apr - Fri 16th Apr

Mon 3rd May

Mon 31st May - Fri 4th Jun

Fri 23rd Jul

Mon 26th Jul - Fri 3rd Sep

HALF TERM - SCHOOL CLOSED TO ALL CHILDREN

School opens 8.45am (critical worker / vulnerable only)

EASTER HOLIDAYS

May Bank Holiday

HALF TERM

School finishes 3:15pm

SUMMER HOLIDAYS

2021/2022 TERM DATES

Wed 8th Sep

Mon 25th - Fri 29th Oct

Fri 26th Nov

Fri 17th Dec

Mon 20th Dec - Mon 3rd Jan 2022

Mon 21st Feb - Fri 25th Feb

Mon 28th Feb

Fri 8th Apr-Fri 22nd Apr

Mon 2nd May

Mon 30th May - Fri 3rd Jun

Wed 27th Jul

Wed 27th July - Wed 31st Aug

School opens 8:45am

HALF TERM

Non-Pupil Day

School Finishes

CHRISTMAS HOLIDAYS

HALF TERM

Non-Pupil Day

EASTER HOLIDAYS

May Bank Holiday

HALF TERM

School finishes at 3.15 pm

SUMMER HOLIDAYS

Newsletter Ideas

If you have any ideas about information or updates that you would find useful additions to our newsletter, please email your suggestions to:

oakwood.office@discoverymat.co.uk

PE update

If your child is attending school, please send them wearing school PE kit on the following days as outlined per year group, thank you:

Foundation - Friday

Year 1 - Friday

Year 2 - Thursday

Year 3 - Wednesday

Year 4 - Wednesday

Year 5 - Monday

Year 6 - Friday



Have a good weekend, be safe!
Jackie Sparrow - Head of School