



Oakwood Academy Newsletter

"Living, learning and thriving"

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11th June 2021

Sports Week!

Wow, what a great week that was! Despite the terrible weather at the start of the week where we had to move the KS2 Sports Day to the Thursday, the end of the week proved to be fantastic!



On the Wednesday, children in Reception and KS1 took part in some fun and exciting events. We introduced some new activities this year and brought back some of the more traditional sports day events including the sack race, coconut shy and tug of war. The children took part in a balance beanbag obstacle course, penalty shoot out, coconut shy, beanbag throw and javelin, all of which proved extremely popular. Reception and Year 1 then tried the tug of war on

the Friday! The children in year 2 also had the opportunity to take part a traditional sack race on the Friday as part of the wellbeing day!

On the Thursday it was the much-anticipated Key Stage 2 sports day. The children in Years 5 and 6 went first, participating in the coconut shy, footgolf, running relay, skipping relay and dribbling relay. Arguably the most popular event was the tug of war! It was amazing to see each team working together and encouraging each other. We finished the morning with the running finals where again the children showed what fantastic sports people they were. Well done to Mrs Collier and Miss Kelly for their efforts in demonstrating the sack race!



Later in the afternoon Years 3 and 4 had their opportunity to try the range of events organised for them. They included the tug of war, coconut shy, dribbling relay, tennis ball balance, bean bag balance and the sack race. Once again, the support all the teams gave each other was brilliant and the children tried their best in all the events. The running finals finished the afternoon and although all the teams were very competitive, all the children were great sports, congratulating each other at the end.

Well done to everyone who took part and especially to all the children who tried something new on their sports day, you showed tremendous resilience!

Please go to the Children tab on the Home page of the school website and select **Sports Day 2021** from the drop-down menu to see a selection of photos from each day.

A special thank you to Mrs Carroll and Mr Kelleher for organising our Bubble Sports Day events this year and an extra special thank you to Mr Kelleher for all his hard work supporting and encouraging all the children on each of the days!



Veg Power

Did you spot the new #PrepareforBattle [TV advert](#) which was launched last week? Did you guess who the celebrity veg voice overs were? If you didn't catch it, keep an eye out on ITV, Channel 4 and Sky Media.

This week the veg star featured was the Tomato and next week it will be the turn for **Sweetcorn!**

The school kitchen will highlight these vegetables over the coming weeks however you can also join the Veg Power campaign by including some of these vegetables in your child's packed lunch! How veg inventive can you be?



Breakfast at Home Website

The National School Breakfast Programme is pleased to announce the launch of its **Breakfast at Home** area on their Family Action website. The breakfast at home area shares with parents the benefits of eating a healthy breakfast, and the impact this can have on their child's readiness to learn, health and wellbeing. It offers tools to support parents in providing a low cost, nutritious daily breakfast.

The website has an easy to navigate breakfast at home section which contains six main categories; get organised, nutrition and wellbeing, family fun, top tips, recipes and videos and research. Within these categories are planners, hacks, information about what's in cereal, nutrition factsheets, ideas for weekend breakfast, quizzes and much more. Please follow the link below to access the website.

www.family-action.org.uk/BreakfastAtHome



Did you know?

- 20-30% of school children skip breakfast on a regular basis.
- 81% of teachers agree that hungry children are unable to concentrate.
- Eating breakfast is linked to doing better at school.
- 20% of parents of primary aged children find breakfast the trickiest time of the day.
- Eating a healthy breakfast can lead to improved mental health and mood in teenagers.

Breakfast provides lots of important vitamins and minerals.

Class Photography

Please be aware that Class Photography will be in school on **Thursday 17th June** to take individual and class photos only. Proofs will be sent home with children when received from the photographer.

Attendance For Week Ending 28th May 2021

The expected average percentage attendance for a child is 96%.

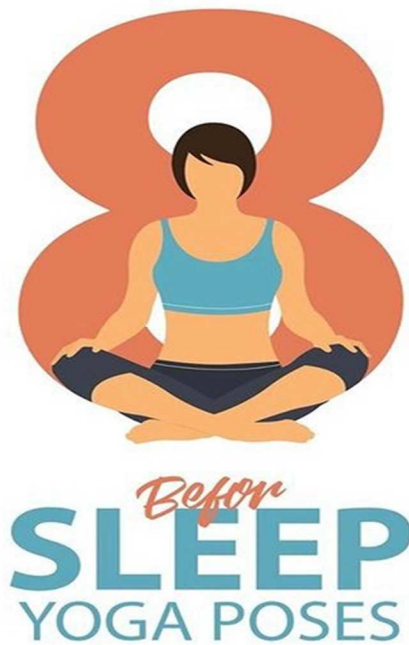
**Well done to Dove KS1 and
Goldcrest KS2 for the highest
attendance!**



Robin	97.7%
Owl	87.7%
Wren	98.6%
Dove	100.0%
Puffin	98.3%
Jay	95.5%
Starling	94.8%
Skylark	95.2%
Goldcrest	97.4%
Osprey	96.0%
Kestrel	96.8%
Peregrine	94.6%

Well Being

The children took part in a range of well being activities on the last day before half term. Some children took the opportunity to take part in additional sporting activities such as the Tug of War, getting out in the sunshine and taking part in physical activities not only helps us keep fit but is also great for supporting our mental health. Other children thoroughly enjoyed re-visiting their yoga activities! We have included some yoga poses in case you want to try some at home to aid relaxation before sleep. Have a go!



Hero Pose



Camel Pose



Bridge Pose



Upward Dog



Knee to Chest



Supine Twist



Child Pose



Corpse Pose



CONGRATULATIONS, for being a part of the Sustrans Big Pedal

Five schools in the top 10 of the South West

Over 68,000 human powered journeys made by foot, scooter or bike

Equal to a massive 10 million balloons of air pollution saved from the school gate every minute.

Hold the diary- "Engines Off" School Campaign launching on Clean Air Day, Thursday 17th June.

Engines Off Toolkit for pupil led action and a banner competition

Contact Claire.harris@plymouth.gov.uk for more info

Please be aware that we are still happy for children to ride their scooters and bikes to school if they wish. Storage areas are outside the pods due to the different bubble entrances. Please remind your child not to ride their bike or scooter once on our school grounds so that all pedestrians can access our school site safely. Thank you.

Covid Reminders

No child should come to school if they, **or anyone they live with**, has symptoms of Covid-19. These are:

- A new persistent cough
- A high temperature
- A change in their normal sense of taste or smell.

Please ensure that you contact the school **immediately** to inform us if your child or a member of your household becomes unwell and requires a Covid-19 test, or if you are advised to self-isolate or have outcome of tests. Please leave a message on the school answerphone if this is before or after school hours. Children who are required to isolate at home can continue to work using their eSchools account. Thank you for your continued support in this matter.

Reporting absences for children

Please contact the school by 9:15am to let us know if your child will be absent, providing details of the reason for the absence. This ongoing communication will enable us to ensure that we continue to keep children safe and follow all necessary government guidelines. We appreciate your continued assistance.

Social Distancing Reminders

- Please remember only one adult when dropping off or picking up your child, which helps to reduce the number of adults on the premises.
- Wear a mask or face covering when on the school grounds (unless you are medically exempt).
- Please make sure you keep a social distance from all other adults on the school grounds when dropping off or waiting for your child.
- Please ensure that younger children remain with you at all times.

Thank you very much for your understanding and continued support in helping to keep our school community safe.

Department for Education - HELPLINE FOR EDUCATION

The DfE have set up a helpline for education advice regarding the Covid-19 virus for staff and parents.

Phone : 0800 046 8687

Email : DfE.coronavirushelpline@education.gov.uk

Opening hours : 8am to 6pm (Monday to Friday)


CATCH IT
Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.

BIN IT
Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.

KILL IT
Hands can transfer germs to every surface you touch. Clean your hands as soon as possible.







If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

Book a test

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
**not normally symptoms of
coronavirus**

Seek advice from a pharmacy, dial
111 or see your GP

****PE Days - NEW after May Half Term****

Please send children to school wearing school PE kit on the following days as outlined below:

Monday - Osprey

Tuesday - Goldcrest

Wednesday - Dove, Puffin, Jay, Kestrel

Thursday - Starling, Peregrine

Friday - Robin, Owl, Wren, Skylark

Please ensure that the kit is weather appropriate.

Thank you!



School Uniform Reminder

Please continue to send your child in the correct uniform as outlined in the Uniform Policy on our website. Children should wear grey trousers, skirt/pinafore or shorts **not leggings**. PE kit should only be worn on PE days. Please remember that flat sensible safe black shoes (no trainers) should be worn.

Please ensure that children bring coats in case of rain. As the weather hopefully improves children can bring sun-hats and should have sun cream applied before school if required. No sunglasses in school please. Thank you.

Jewellery

Children may not wear jewellery to school at any time (except for small studs, which must be 5mm in diameter or smaller, and watches) other than for religious or cultural reasons. Children in **Foundation** may **not** wear earrings in view of the physical aspects of their learning.

Uniform Policy on our website:

https://www.oakwood-primary.co.uk/storage/secure_download/aGplcWZCcJrJS0pKeUsxclF1dGo2QT09



NEW Health Visiting and School Nursing TEXT SERVICE

PARENTS. CARERS. YOUNG PEOPLE.

If you'd like some health advice or support, but are a bit worried about seeing or talking to a professional, our new ChatHealth is perfect for you!

Simply text one of the numbers below and one of our team will text you back



**0-5 years
Parents Service**
07480 635188



**5-19 years
Parents Service**
07480 635189



**11-19 years
Young People's Service**
07480 635198

Livewell
LIVEWELL

Age Restrictions for Social Media Platforms

(Ages specified in terms as of 2014)



Tik Tok
Twitter
Facebook
Instagram
Pinterest
Google+
Tumblr
Reddit
Snapchat
Secret



LinkedIn



WhatsApp



Vine
Tinder



Path



YouTube
Keep
Foursquare
WeChat
Kik
Flickr



Diary Dates

(Dates maybe subject to change)



2020/2021 TERM DATES

Thu 17th Jun
Thu 15th Jul
Fri 23rd Jul
Mon 26th Jul - Fri 3rd Sep

Class Photography (Individual & Class photos only)
Year 6 Leavers BBQ
School finishes 3:15pm
SUMMER HOLIDAYS

2021/2022 TERM DATES

Wed 8th Sep
Mon 25th - Fri 29th Oct
Fri 26th Nov
Fri 17th Dec
Mon 20th Dec - Mon 3rd Jan 2022
Tue 4th Jan
Mon 21st Feb - Fri 25th Feb
Mon 28th Feb
Fri 8th Apr
Mon 11th Apr-Fri 22nd Apr
Mon 2nd May
Mon 30th May - Fri 3rd Jun
Tue 26th Jul
Wed 27th July - Wed 31st Aug

School opens 8:45am
HALF TERM
Non-Pupil Day
School Finishes
CHRISTMAS HOLIDAYS
School starts 8:45am
HALF TERM
Non-Pupil Day
Non-Pupil Day
EASTER HOLIDAYS
May Bank Holiday
HALF TERM
School finishes at 3.15 pm
SUMMER HOLIDAYS

Contacting School

If you are contacting school to report an absence or you have a query, please leave a message on the answer phone with your child's name and class (& reason for absence, if applicable) and we will get back to you. Alternatively, email oakwood.office@discoverymat.co.uk
Thank you.

Newsletter Ideas



If you have any ideas about information or updates that you would find useful additions to our newsletter, please email your suggestions to:

oakwood.office@discoverymat.co.uk



Have a good weekend, be safe!
Jackie Sparrow - Head of School