



Oakwood Academy Newsletter

"Living, learning and thriving"

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www.discoverymat.co.uk

www.oakwood-primary-academy.eschools.co.uk

Facebook - <https://www.facebook.com/Discovery-Multi-Academy-Trust-178244126147131/>

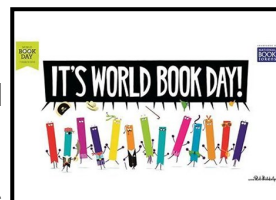


4th March 2022

World Book Day and Book Week

WOW! Everyone looked amazing on World Book Day, and it was wonderful to welcome parents to our first parent share-a-book session on Thursday.

The parents from Reception had a wonderful time sharing a range of books together.



We look forward to welcoming more parents over the coming weeks. Please see the times below for your child's class:

Parent Reading sessions

Year 1 Fowey - Friday 4th March 2.45 - 3.05pm

Year 1 and 2 - Avon and Thames – Thursday 10th March 2.45 - 3.05pm

Year 3 - Friday 11th March 2.45 - 3.05pm

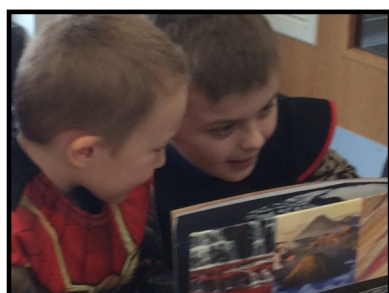
Year 4 - Thursday 24th March 2.45 - 3.05pm

Year 5 - Friday 25th March 2.45 - 3.05pm

Year 6 - Thursday 31st March 2.45 - 3.05pm

This year's World Book Day felt extra special - a celebration of sharing stories and being together.

A special thank you to the parents for all the hard work in creating/supplying costumes for the children. Lots of fun was had by all and will continue into next week with some very important storytellers visiting and more parents coming in to read with their children.



Celebration Shout Out!

Please feel free to email the school with any pupil achievements or special efforts you'd like celebrated! We would love to share them with everyone through our newsletter.



Georgina & Lewis competed at the UK national Jui Jitsu competition this weekend. Georgina entered two categories and won double Gold. Lewis entered 4 categories, two being the weight bracket above, and won double Gold in his own weight and Gold and Silver in the weight above. Very well done to both!



Veg Power Schools Programme

The Veg Power Schools Programme started again this week. Veg Power have created a handy guide for parents. You will have seen the adverts, which started on TV and many will be keen to take part. The 3rd Lunchbox Hacks PDF resource to support parents and carers 'up' the veg content of their kids' packed lunchboxes is now ready. This version focuses on sandwiches as a gentle way to introduce more veg. For support, advice and sarnie ideas visit: <https://ifour-vegpowerschools.s3.eu-west-2.amazonaws.com/wp-content/uploads/2022/01/21093338/Send-in-the-Sarnies.pdf>

Renaissance Reading Program

When children have finished reading a book they take a Ren Reading quiz to answer questions on the book that they have completed. When quizzes are passed, the number of words in the books are totalled together and a weekly word count for each class is accumulated.

Each week we will look at the word count totals for each class. The winners of Key Stage 1, Lower KS2 and Upper KS2 will get a few minutes extra play at breaktime! Our winners before Half Term were:-

KS1 - Thames Class - 23,508 words

Lower KS2 - Lagan Class - 510,008 words

Upper KS2 - Tyne Class - 233,358 words

Our winners this week are:-

KS1 - Thames Class - 9,839 words

Lower KS2 - Medway Class - 14,159 words

Upper KS2 - Wye Class - 236,438 words

Well done to those classes!





Oakwood Legend Cards

This week we have introduced 'Oakwood Legend Cards'. The teachers will be sending home a handwritten note to celebrate positive behaviour. These will be posted on a Friday so keep an eye on your letterboxes!



Attendance For Week Ending 18th February 2022

The expected average percentage attendance for a child is 96%.

**Well done to Tamar KS1 and
Severn and Tyne KS2 for the highest
attendance!**



Tamar	97.2%
Lynher	89.8%
Fowey	90.0%
Avon	94.9%
Thames	94.8%

Severn	99.0%
Medway	94.0%
Trent	91.8%
Lagan	93.5%
Clyde	98.4%
Mersey	95.0%
Tyne	99.0%
Wye	91.8%



Summerhouse Services

'Supporting Brighter Futures'

Adult Family and Friends
Supportive Training Workshops

'From Self Harm To Self Help'

Monday 21st March

9.45 - 2.45

One Off Cost - £6.00 pp (Max Group Number 12)

(Please note priority will be given to those in difficult financial circumstances. If this cost is difficult for you, please get in touch for further assistance)

Lunch & Other Refreshments Included

Venue - Saltash Social Club - The Mansion - Fore Street - Saltash PL12 6JL

This preventative and supportive workshop is brought to you in response to many requests from family members and friends that inhabit the world of young people, for a safe, empathic, supported and accepting space where the issue of 'self harm' can be explored and understood from a young person's perspective. This workshop is relevant if you already have a child or young person in your life that self harms, or if you are worried about this becoming an issue for them in the World in which they are growing up.

You will be given an insight into the world of children and young people who self harm, as well as to gain understanding of the issue in its wider context, when seen as a form of coping. Discuss and reflect on personal attitudes towards self harm and in doing so, dispel some of the myths, taboos and stigma that surround the subject. You will also be supported in understanding that some of the approaches that safely support young people who self harm may directly contradict our instincts as human beings

Safe and effective ways of identifying levels of risk and supporting young people that self harm will be explored, together with gaining awareness of agencies and avenues for referral and signposting. Your facilitator is a fully qualified and highly experienced person-centred therapist and further education trainer and also has had direct experience of these issues in their own world. You can therefore expect a relaxed, friendly, professional and very human approach, together with respect, empathy and sensitivity for what is, for some, a highly distressing subject to talk about. The group is small, relaxed, safely bounded and supportive with a lively, interactive and creative approach.

Outcomes

- Holistically explore the spectrum of self harming behaviour and links to a young person's emotional, mental, spiritual, social and environmental world.
- Discuss impacts of personal attitudes towards self harming behaviour in an open, relaxed and supported manner.
- Increase empathy for the experience of a young person who is self harming.
- Identify supportive and unhelpful ways of responding to a young person demonstrating self harming behaviour.
- Identify, practice and understand the importance of preventative and supportive self esteem, resilience building and self soothing techniques to offer young people who may be vulnerable to, or participating in self harming behaviour.
- Understand how to supportively establish levels of risk.
- Identify avenues for seeking support for you around the issue of self harm, as well as pathways for further training.

Company Number 13427929

Some Feedback From Previous Related Workshops

'As a parent I find this very hard to talk about. Thank you for making it easy, informative and enjoyable.'

'Fantastic! Highly professional and very enjoyable; thank you!'

'Really interactive, friendly and inclusive; it has really developed my insight and understanding of the issue.'

'I loved the friendly, chilled but professional approach. It has helped me feel more confident supporting young people' 'As a newcomer to this subject it has been invaluable in helping me develop my understanding. Thank you.'

'Surprisingly enjoyable and very informative, Definitely recommend. A++!'

Quote From A Parent 3 Days After Accessing The October 21 Delivery of This Workshop

'Things are going really well. Thank you for helping me understand so much. It has already made a big difference. :)'

Booking Details

Cost - £6.00 pp

Lunch & Other Refreshments Included

Venue - Saltash Social Club - The Mansion - Fore Street - Saltash - PL12 6JL

Free Parking On Site

For bookings or enquiries please contact Penny on any of the details below. You can also follow this link to the online booking form <https://summer-house.org/workshop-booking-form>. Invoices for the balance can be sent to you, or please make cheques payable to 'Summerhouse Services'

NOTE: If you would like this workshop delivered to groups of family and/or friends at your venue, the cost per group per In Person workshop is £600.00 for a group of up to 16 or £280.00 for a virtual group of up to 10. Please contact Penny Logsdail if you are interested in this option.

Contact Details

(Please note this is not the venue address)

Penny Logsdail

Summerhouse Services

154 Crossway - Plymouth - PL7 4JA

T. 07869173154

E. summerhouse.services@gmail.com

U. www.summer-house.org

F. <https://www.facebook.com/supportingbrighterfutures>

A Note On COVID-19

All staff delivering the workshop will take a Covid test the evening before in person delivery and we would encourage you to do the same to facilitate group and individual responsibility. Covid procedures will be in place in the New Year in line with Government Restrictions at that time. Thank You.

PLEASE DO NOT ATTEND IF YOU HAVE ANY COVID RELATED SYMPTOMS.

A full refund will be issued or the opportunity to hop onto another workshop date.



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School Uniform Reminder

Please send your child in the correct uniform as outlined in the School Uniform Policy on our website. Children should wear grey trousers, skirt/pinafore or shorts **not leggings**.

Please remember that flat, sensible, safe, black shoes (no trainers) should be worn.



Hairclips and headbands should be plain and should not cause obstruction to anyone's learning, or cause distraction to any learner.

Children need to have their PE kit in school, as they will change in school for PE sessions. Please ensure that PE kit is as outlined in the uniform policy.

Jewellery

Children may not wear jewellery to school at any time (except for small studs, which **must be 5mm in diameter or smaller**, and watches) other than for religious or cultural reasons. Children in **Foundation** may **not** wear earrings in view of the physical aspects of their learning.

"For health and safety reasons, all pupils are required to remove earrings during PE lessons."



StreetSafe

Want to improve the safety of our local area? If you feel unsafe in any area in Plymouth please use this website to report it:

[StreetSafe | Police.uk \(www.police.uk\)](https://www.street-safe.co.uk)

StreetSafe is a pilot service for anyone to anonymously tell us about public places where you have felt or feel unsafe, because of environmental issues, e.g. street lighting, abandoned buildings or vandalism and/or because of some behaviours, e.g. being followed or verbally abused.



FUNDRAISER !
Saturday 5th March
1 - 4 pm

Litter Picking, Picnicing & Paddling for Peace & Positive Mental Health.
Cream Tea or Cheese Mini Ploughmans Included !
100% of proceeds will be given to UNICEF to help The Children & Young People of Ukraine

Equipment will be kindly provided by

Clean Our Patch
Community Litter Pickers

At Bovisand Beach !
All Welcome....Dogs too !

For a sponsor form, please contact Penny on
07869173154 or
email summerhouse.services@gmail.com

Thank you.

SUMMERHOUSE SERVICES
www.summer-house.org



WANT TO MAKE A
DIFFERENCE EVERY DAY?



Have you considered teaching?

We have helped people just like you start a successful career as a Primary School Teacher.

Find out more about the DPSCITT course by joining one of our open evenings (5.00- 6.30pm):

Weds 9th March: **Exeter** (Trinity Primary School)
Tues 15th March: **Plymouth** (Elburton Primary School)
Weds 30th March: **Online** (via Zoom)

Book your place now at: www.dpsscitt.ac.uk or call 01392 790 164 for more details.

CATCH IT
Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT
Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT
Hands can transfer germs to every surface you touch. Clean your hands as soon as possible.



NHS

Diary Dates

(Dates maybe subject to change)



2021/2022 TERM DATES

Fri 8th Apr
Mon 11th Apr-Fri 22nd Apr
Mon 2nd May
Mon 30th May - Fri 3rd Jun
Mon 27th Jun
Tue 26th Jul
Wed 27th July

Non-Pupil Day
EASTER HOLIDAYS
May Bank Holiday
HALF TERM
Non-Pupil Day
School finishes at 3.15 pm
SUMMER HOLIDAYS START

2022/2023 TERM DATES

Wed 7th Sep 2022
Fri 21st Oct
Mon 24th - Fri 28th Oct
Fri 25th Nov
Fri 16th Dec
Mon 19th Dec 2022 - Mon 2nd Jan 2023
Tue 3rd Jan 2023
Mon 13th Feb - Fri 17th Feb
Mon 20th Feb
Fri 31st Mar
Mon 3rd April - Fri 14th April
Mon 17th April
Mon 1st May
Mon 29th May - Fri 2nd Jun
Fri 23rd Jun
Tue 25th Jul
Wed 26th Jul

School starts 8:45am
School finishes 3:15pm
HALF TERM
Non-Pupil Day
School finishes 3:15pm
CHRISTMAS HOLIDAYS
School starts 8:45am
HALF TERM
Non-Pupil Day
School finishes 3:15pm
EASTER HOLIDAYS
School starts 8:45am
Bank Holiday
HALF TERM
Non-Pupil Day
School finishes 3:15pm
SUMMER HOLIDAYS START

Contacting School

If you are contacting school to report an absence or you have a query, please leave a message on the answer phone with your child's name and class (& reason for absence, if applicable) and we will log/get back to you. Alternatively, email oakwood.office@discoverymat.co.uk
Thank you.

Newsletter Ideas



If you have any ideas about information or updates that you would find useful additions to our newsletter, please email your suggestions to:

oakwood.office@discoverymat.co.uk



Have a lovely weekend!
Jackie Sparrow - Head of School