



Oakwood Academy Newsletter

"Living, learning and thriving"

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www.discoverymat.co.uk

www.oakwood-primary-academy.eschools.co.uk

Facebook - <https://www.facebook.com/Discovery-Multi-Academy-Trust-178244126147131/>



29th January 2021

Covid Testing

I am sure that parents are aware that Primary school staff now have the opportunity to undertake Lateral Flow testing to help identify those who may be carriers of Covid-19, but who are asymptomatic (are not unwell nor have symptoms). All of our school now have this in place, and whilst there may be some adjustments that are needed to our learning provisions, this gives further confidence in the safety of our settings.

As the availability of these tests increases it is important that we all understand that if you or your child has symptoms of Covid-19 that you should book a PCR test immediately, not take a Lateral Flow Test. If this is not done it can delay results, putting more people at risk. Additionally, we have been asked to remind everyone that a PCR test should only be booked **if you have symptoms**, as Public Health are finding that more people are doing this incorrectly, clogging up the system to those who need tests.

I know that we are all worried and want to ensure the safety of those we love, but I'm confident that with the combination of following guidelines from Public Health, the increase in preventative testing and the rollout of immunisations, our schools and communities will remain as safe as they can be.

February Half-Term Monday 15th - Friday 19th February 2021.

The Department for Education has confirmed that Schools will close to **ALL** children as usual over February Half-Term and are not expected to remain open to vulnerable children and the children of critical workers during that week. There will not be any live sessions or eSchools learning set for that week.

Reporting test results over the February Half-Term if your child is attending school

If a child tests positive for COVID-19, we are required to run a track and trace process and inform families and staff who have been in close contact with the confirmed case. We will continue to communicate with parents at the earliest opportunity whenever this happens. To support us with this over the early part of the February Half Term, if you receive a positive Covid-19 test result you should inform us as soon as possible. Please email school, using the following email: **oakwood.office@discoverymat.co.uk**

The theme of this year's Children's Mental Health Week is Express Yourself.

Expressing yourself is about finding ways to share feelings, thoughts, or ideas through creativity. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself. The link below has lots of useful information and resources you can use with your child.

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>



Covid Reminders

It is essential that if you are a key worker, and you are sending your child to school, that you DO NOT send them when you are at home. We have been asked to limit the numbers of children in school, and this will support us in being able to maintain this.

No child should come to school if they, **or anyone they live with**, has symptoms of Covid-19. These are:

- A new persistent cough
- A high temperature
- A change in their normal sense of taste or smell.

Covid-19 - Reminder for parents of children attending school

Please ensure that you contact the school **immediately** to inform us if your child or a member of your household becomes unwell and requires a Covid-19 test, or if you are advised to self-isolate or have outcome of tests. Please leave a message on the school answerphone if this is before or after school hours. Thank you for your continued support in this matter.

Reporting absence for children attending school

Please contact the school by 9:15am to let us know if your child does not require a place in school on a day that was expected. This ongoing communication will enable us to ensure that we continue to keep children safe and follow all necessary government guidelines. We appreciate your continued assistance.

Social Distancing Reminders

- Please remember only one adult when dropping off or picking up your child, which helps to reduce the number of adults on the premises.
- Wear a face covering when on the school grounds—unless you are medically exempt.
- Please make sure you keep a social distance from all other adults on the school grounds when dropping off or waiting for your child.
- Please ensure that younger children remain with you at all times.

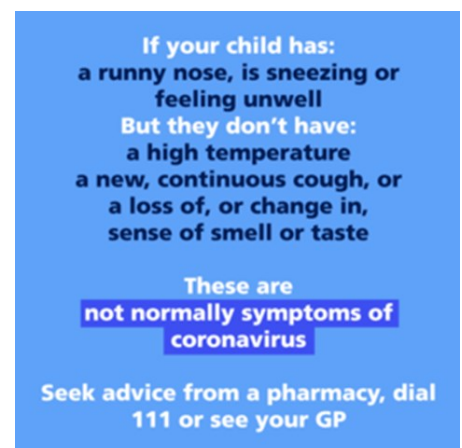
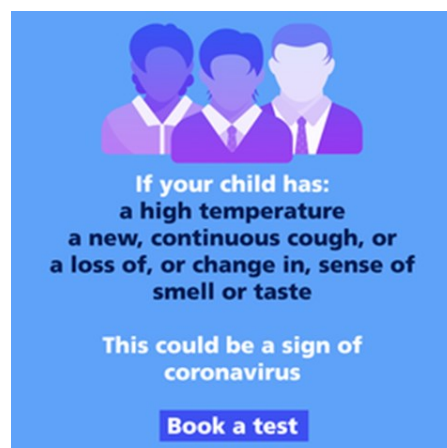
Thank you very much for your understanding and continued support in helping to keep our school community safe.

PE update from Monday 1st February

If your child is attending school, please send them wearing school PE kit on the following days as outlined per year group:

Foundation - Friday
Year 1 - Friday
Year 2 - Thursday
Year 3 - Wednesday
Year 4 - Wednesday
Year 5 - Monday
Year 6 - Friday

Thank you



Celebration Shout Out!

We would like to continue to celebrate achievements from all our children whether they are attending school or learning from home. Please email the school with your child's special moments. We would love to share them with everyone through our newsletter!



Year 1 had some Maths challenges last week making shapes with natural materials. Here are some examples from Alfie from Wren class.



Louis (Year 1)
making pasties!



Times Table Rock Stars Update

Congratulations Peregrine, Jay, and Skylark! They are the winners of the first round of Battle of the Bands.

Fear not, round 2 is on the way. Below are the fixtures for Round 2 (Monday to Friday).

Skylark vs Jay
Kestral vs Starling
Peregrine vs Osprey vs Goldcrest

Don't forget, you can play any game mode. The more you play, the more points you will earn. Good Luck!

Mr S Ticehurst
Maths Lead



BOOK SCAVENGER HUNT

- Find an animal in a book.
- Find the word spring in a book.
- Find someone helping someone in a book.
- Find a picture of a sun in a book.
- Find a book that makes you laugh.
- Find a bug in a book.
- Find someone sleeping in a book.
- Find a character eating in a book.
- Find a pet in a book.
- Find a cat in a book.
- Find a superhero in a book.
- Find a bike in a book.



Fit activity for kids what's your name?

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

We would like to inform you that we have launched [Blue Peter on YouTube](https://www.youtube.com/bluepeter) at CBBC for entertainment outside of home-schooling hours now we're in lockdown.

Blue Peter is the longest running kids TV show in the world and we are uploading videos to it that are suitable for 5-11 year olds. We have world record breaking challenges, arts and crafts, environmental videos, cooking and baking how tos, inspirational films, gaming, celebrity appearances, dance routines and music performances. We also feature ways of getting a Blue Peter badge, behind the scenes footage and extra content about our incredible presenters Adam, Lindsey, Mwaksy, Richie and Henry the Blue Peter dog.



Parents can subscribe to <https://www.youtube.com/bluepeter> - (it's obviously completely free to subscribe!) and don't forget to watch the live programme on CBBC at 5.00pm every Thursday, or on BBC iPlayer.

The Blue Peter Team!

Mental Health

This website has resources for parents and children to support with mental health particularly regarding Coronavirus which you may find useful.

<https://mentallyhealthyschools.org.uk/risks-and-protective-factors/coronavirus-supporting-childrens-mental-health/>



Diary Dates

(Dates maybe subject to change)



2020/2021 TERM DATES

Mon 15th Feb - Fri 19th Feb 2021
Mon 22nd Feb
Fri 2nd Apr - Fri 16th Apr
Mon 3rd May
Mon 31st May - Fri 4th Jun
Fri 23rd Jul
Mon 26th Jul - Fri 3rd Sep

HALF TERM - SCHOOL CLOSED TO ALL CHILDREN

Non-Pupil Day

EASTER HOLIDAYS

May Bank Holiday

HALF TERM

School finishes 3:15pm

SUMMER HOLIDAYS

2021/2022 TERM DATES

Wed 8th Sep
Mon 25th - Fri 29th Oct
Fri 26th Nov
Fri 17th Dec
Mon 20th Dec - Mon 3rd Jan 2022
Mon 21st Feb - Fri 25th Feb
Mon 28th Feb
Fri 8th Apr-Fri 22nd Apr
Mon 2nd May
Mon 30th May - Fri 3rd Jun
Wed 27th Jul
Wed 27th July - Wed 31st Aug

School opens 8:45am

HALF TERM

Non-Pupil Day

School Finishes

CHRISTMAS HOLIDAYS

HALF TERM

Non-Pupil Day

EASTER HOLIDAYS

May Bank Holiday

HALF TERM

School finishes at 3.15 pm

SUMMER HOLIDAYS

Newsletter Ideas

If you have any ideas about information or updates that you would find useful additions to our newsletter, please email your suggestions to:

oakwood.office@discoverymat.co.uk



ChatHealth

NEW Health Visiting and School Nursing TEXT SERVICE

PARENTS. CARERS. YOUNG PEOPLE.

If you'd like some health advice or support, but are a bit worried about seeing or talking to a professional, our new ChatHealth is perfect for you!

Simply text one of the numbers below and one of our team will text you back



**0-5 years
Parents Service**
07480 635188



**5-19 years
Parents Service**
07480 635189



**11-19 years
Young People's Service**
07480 635198

Livewell
South West



Have a good weekend, be safe!
Jackie Sparrow - Head of School