



# Oakwood Primary Academy



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## Advice to Parents - Warn and Inform

Dear Parents and Carers,

**As a follow up to previous Warn and Inform letters, we have had confirmed cases in school.** Cases remain high across the city. We appreciate that you may find this concerning, please be reassured that for most people coronavirus (COVID-19) will be a mild illness. Please continue to be vigilant and undertake Lateral Flow Device testing regularly at home to help reduce the spread of Covid-19.

### What are we already doing?

Students and staff who have tested positive are isolating. The children/staff who are identified as contacts of the confirmed cases will have guidance from **NHS Test and Trace**.

**From Monday 17<sup>th</sup> January in England**, isolation periods for those who have tested positive changed:

Individuals now need to isolate for a full five days and may now take tests from **day 5 and day 6 of their self-isolation period (if they are well)**. Those who receive two negative test results (LFD) are no longer required to complete 10 days of self-isolation but can leave isolation from the start of day 6. The first test must be taken no earlier than day 5 of the isolation period and tests must be taken at **least 24hrs apart**.

### If your child remains well, they can continue to attend school as normal.

If you think your child is a close contact but has not been contacted directly by NHS Test and Trace, then we would advise they undertake daily LFD tests for a period of 5 days. This advice applies to children aged 5 and over. Whilst daily testing for 5 days is your choice, it is strongly encouraged as it helps to reduce the spread of COVID-19 in your community. (LFD tests are available via community testing sites, local pharmacies or you can order [online](#) for home delivery).

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test (<https://www.gov.uk/get-coronavirus-test> or call 119) and remain at home at least until the result is known and they are fever free (without medication) for at least 24 hours.

- If negative, the child can end self-isolation and return to school once well;
- If positive, the child should isolate as a positive case (see below)

People who test positive for COVID-19 should self-isolate at home until they are well (**48 hours fever free**) and *either*:

- a) They have produced two negative LFD tests at least 24 hours apart after 5 days self-isolation - see above *or*
- b) 10 full days have passed

**Note:** Lingering coughs and changes to smell/taste are *not* a sign of ongoing infectiousness, so children can return to school if they have ended their self-isolation period (see above).

You can seek advice on COVID-19 symptoms from the [nhs.uk website](https://www.nhs.uk). If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Mrs J Sparrow  
Head of School